

# *Southern Wesleyan University Buffet Menu*

One Entrée Buffet: \$13.75 per person

Two Entrée Buffet: \$16.10 per person

Three Entrée Buffet: 18.20 per person

## Buffet Options

All Buffet's include the following:

Assorted Bread Basket (Preset); Choice of Three Prepared Salads

Choice of One Standard Dessert (Preset)

Coffee, Decaf Coffee, Iced Tea, and Water

### Entrée Selections

Sliced Sirloin of Beef

Sliced Roast Sirloin with Mushroom Sauce

Roasted Caribbean Pork Loin with Mango Salsa

Sliced Jerk Seasoned Pork Loin Topped with Mango Salsa

Apple Almond Chicken with Apple Glaze

Grilled and Glazed Chicken Breast over Apple-Almond Dressing

Chicken Dijonnaise

Sautéed Chicken Breast with Rich Dijon Mustard Sauce

Teriyaki Chicken Breast

Grilled Chicken Breast marinated in Teriyaki Sauce

Chicken Seattle

Grilled Chicken Breast topped with Shrimp and Béarnaise Sauce

Baked Tilapia Provencal

Light White Fish Baked in Lemon Butter and Topped with

Sautéed Onions, Peppers, Capers and Tomatoes

Grilled Salmon Filet

Grilled Salmon Filet basted with Tangy Honey Barbecue Sauce

Hearty Lasagna

Hearty Lasagna with Rich Meat Sauce and Mozzarella Cheese

Baked Cheese Manicotti  
Cheese Stuffed Pasta with Zesty Marinara Sauce

Asiago Chicken Farfalle  
Grilled Chicken Tossed with Sundried Tomatoes, Asiago Cheese,  
and Farfalle Pasta

You can add a Carving Station:

Roast Pork Loin with Rosemary Demi Glaze

\$2.90 per person

Roast London Broil with Herbed Au Jus

\$3.20 per person

Oven Baked Pit Ham with Brown Sugar and Honey Glaze

\$3.05 per person

Slow Roasted Prime Rib with Horseradish Sauce and Au Jus

\$7.20 per person

Tenderloin of Beef with Béarnaise Sauce

\$7.60 per person

Oven Roasted Turkey Breast with Cranberry Gravy

\$2.90 per person

#### Prepared Salads

Tossed Garden Salad

Italian Pasta Salad

Marinated Vegetables

Fresh Fruit Salad

Zesty Cole Slaw

Classic Caesar Salad

Deli Style Potato Salad

Cucumber Salad

Thai Noodle Salad

Antipasto Salad

#### Standard Desserts

*(Select One)*

Chocolate Cream Pie

Apple Pie

Cherry Pie

Pumpkin Pie

Chocolate Layer Cake

Carrot Cake

Lemon Meringue Pie

Fresh Strawberries with Cream

Chocolate Mousse with

Raspberry Sauce

Coconut Cream Pie

Brownie Ala Mode \*

Ice Cream Parfait \*

*Second dessert can be added for \$.35 per person*

*Third dessert can be added for \$.45 per person*

#### Starch Selections

*(Select One)*

Seasoned Jasmine Rice

Wild Rice Blend  
Garlic Mashed Potatoes  
Yukon Gold Mashed Potatoes  
Moroccan Cous Cous  
Scalloped Potatoes  
Penne Pasta with Garlic Butter  
Roasted Red Skin Potatoes

Vegetable Selections

(Select Two)

Seasonal Fresh Vegetable Medley  
Honey Glazed Carrots  
Green Beans Almandine  
Buttered Corn  
Peas and Pearl Onions  
Fresh Herbed Zucchini  
Fresh Broccoli Spears  
Snap Peas and Baby Carrots  
Fresh Green Beans

Premium desserts: add \$1.45 per person

Pecan Pie  
French Silk Pie  
Premium Carrot Cake  
Lemon Layer Cake  
Chocolate Mousse cake with Raspberry sauce  
\*Coconut Pecan Ice Cream Balls with Chocolate sauce  
New York Cheesecake with strawberries  
Strawberry Short Cake  
Black Forest Cake  
Key Lime Pie

\*cannot be preset

Updated 10-31-13